



# BYSA Policy: Player Safety & Equipment Requirements

Updated January 2026

## Shin Guards and Cleats

**Mandatory Equipment:** All players must wear soccer cleats, shin guards, socks and team uniforms for all games. Cleats with metal studs or spikes are prohibited.

**Proper Wear:** Shin guards must be fully covered and/or worn under socks at all times. No hard plastic is to be exposed.

**Non-Compliance:** Any player who is not wearing the required equipment will be removed from active play for a duration of time until compliance is met.

**Exception:** Coaches/Officials of U5 and U7 ONLY may use their discretion in the event that a player arrives without cleats to a game. At minimum, a verbal warning should be issued to obtain cleats before the next game, or risk having reduced playing time or, if multiple reminders have been issued, being removed from active play until compliance is met. Shin guards remain mandatory. Open toe shoes or sandals are prohibited for game play.

**Reinstatement:** Players may return to the game only after the proper equipment has been obtained and worn correctly.

**Financial Assistance:** If you require financial assistance in obtaining these pieces of equipment, please contact us at [registrar@boundarysoccer.com](mailto:registrar@boundarysoccer.com).

## Casted Body Parts

**On The Field:** Players with casted or hard-braced body parts are not permitted to participate in games or practices.

**Exception:** Participation may be allowed only if the casted area is fully padded and securely wrapped, and coach/referee approval is given prior to play.

## Attire

### Hats & Sunglasses, Jewelry & Accessories

**On The Field:** Hats and sunglasses, jewelry and accessories are not permitted during games or practices while actively participating on the field. Non-compliance will result in the player being removed from active play for a duration of time until compliance is met.

**Exception:** Jewelry or accessories that cannot be removed must be securely taped before a player may participate in games/practice.

**Sidelines/Bench:** Hats and sunglasses, jewelry and accessories are allowed when players are on the sidelines, seated on the bench or between games.